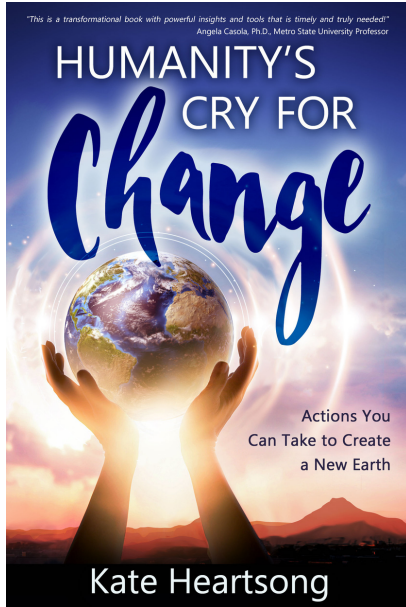


# KATE HEARTSONG

Author, Speaker, Coach, Reiki Master/Teacher

## HUMANITY'S CRY FOR CHANGE

Many people are anxious and in pain. We want relief from the chaos in our individual lives and from the global violence and uncertainty. Why is there all this upheaval and what must we do to create positive change in ourselves, humanity and Mother Earth?



Kate Heartsong's book *Humanity's Cry for Change*, answers these questions and also shares:

- Science proving we're interconnected and why we *must* now live with Oneness consciousness to survive.
- Valuable exercises and concepts helping us awaken from separateness, be authentic, heal, raise our vibration and consciousness, and more.
- Ways for businesses to create sustainable, collaborative and holistic systems for the well-being of all.
- How to create a new earth, with kindness, respect, collaboration, love and peace.

Each one of us *can* make positive change and when we do, we positively add to the collective consciousness, creating a new earth we all yearn for!

*"The entire book leaves me feeling calm and peaceful... and left me, as it will leave the reader, with hope for our future!"* Linda Stopp, MPA

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For over 20 years, Kate Heartsong has been receiving profound insights while meditating. She is passionate about supporting her clients, audiences and readers with these insights, along with the wisdom from her vast life experiences and education. She does this through empowered coaching, workshop facilitation, writing articles, coauthoring, speaking, and through her books *Humanity's Cry for Change* and *Deeply We Are One*.

Kate has also been teaching self-confidence, meditation and Reiki workshops for over 15 years. She also empowers her learning community on the new Ingomu app on Google Playstore, with her topic called Positively Change Yourself and Humanity.

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