

# KATE HEARTSONG

AUTHOR, SPEAKER, COACH, REIKI MASTER/TEACHER

## ABOUT KATE



For over 20 years, Kate Heartsong has been receiving profound insights while meditating. She is passionate about supporting her clients, audiences and readers with these insights, along with the wisdom from her vast life experiences and education. She does this through empowered coaching, workshop facilitation, writing articles, coauthoring, speaking, and through her books *Humanity's Cry for Change* and *Deeply We Are One*.

Kate has been teaching self-confidence, meditation, Reiki workshops and other topics, for over 15 years.

She empowers her learning community on the new Google Play Store's Ingomu app, with her topic *Positively Change Yourself and Humanity*.

## SUGGESTED TOPICS

Why is there more chaos and violence in the world and people's lives, and what are the solutions to resolve this?

What does oneness mean and how do people benefit from knowing this?

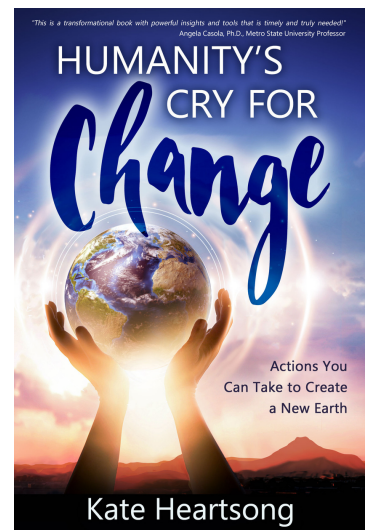
What proof is there that we are interconnected? Give examples.

Explain why: from out of the ashes, comes gifts and rebirth.

Describe what conscious business practices are.

What's the similarity between a green house and what's happening on earth?

What do people and humanity need to do to save ourselves?



## HUMANITY'S CRY FOR CHANGE

**"The entire book leaves me feeling calm and peaceful ... and left me, as it will leave the reader, with hope for our future!" Linda Stopp, MPA**

Many people are anxious and in pain. We want relief! With chaos in our individual lives and so much global upheaval and violence, humanity is hungry to learn about why this is happening and what we can do about changing this, so that we can create a new earth.

Kate Heartsong's new book *Humanity's Cry for Change* answers these and other important questions. This book shares: science proving we're interconnected and why we must live with Oneness consciousness to survive; valuable exercises to feel better and increase our vibration; live authentically; conscious business practices; how to create a better world; and more.

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